

Sensory Boxes

(Guess what's in the box)



Your sensory bin can be wet or dry, clear or opaque, and full of fun sensations to explore! Some ideas for filler materials are:

- Dry rice
- Dry pasta
- Dry beans or lentils
- Water beads (can be harmful if ingested)
- Craft sand
- Shaving foam
- Oobleck or slime
- Beads or marbles



You can also create sensory boxes to stimulate a specific feeling, such as:

Fabrics or blanket squares, silk, velvet, cord, faux fur, feather down, etc.

**Dish scourers, loofahs, sponges, textured brushes.
Differently textured fidget toys, hard, soft, rough, smooth, etc.**



Fill your boxes with the chosen materials to create different sensations and invite learners to explore their sense of touch by guessing what's in the sensory box, describing how different boxes feel, and which feelings they like or dislike.