

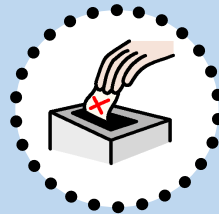
# THE VOICE

of Thornbeck College

## STUDENT POLL

100% of students asked agree that they know what to do if they do not feel safe.

Staff verbally asked students to explain what they would do in this instance to assess understanding, students expressed that they would inform staff who could help to make them feel better.

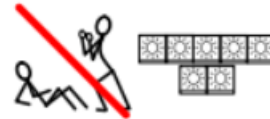


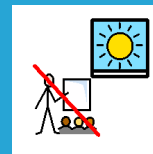
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north east  
**autism** society

## EVENTS AT THORNBECK

|                                                                                       | DATE          | THEME                          |
|---------------------------------------------------------------------------------------|---------------|--------------------------------|
|    | November 2025 | <i>Bonfire Night</i>           |
|    | November 2025 | <i>Anti-Bullying Week</i>      |
|   | December 2025 | <i>Advent</i>                  |
|  | December 2025 | <i>Christmas Activity Week</i> |



Half Term:

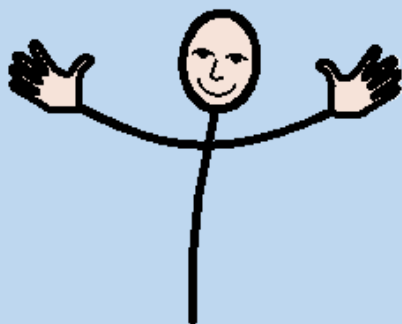
19.12.2025— 05.01.2026

## NEWSLETTER INTRODUCTION

Hello and welcome to 'Issue 3' of our College Newsletter.

This month at college, we have celebrated Anti-Bullying Week and Movember.

Continue reading to see what else we have been up to. We hope you enjoy reading the newsletter as much as we have enjoyed participating in the activities that have taken place.



## SAFEGUARDING

BY CC

This month, our theme for Safeguarding has been 'Peer on Peer Abuse'.

As part of this, we have explored activities that have increased our awareness of this, including what this means and what bullying may look like. We have learned about what it means to "see something, say something".

It is important that we know about this information so that we are able to keep ourselves safe in different situations, as well as to be aware of potential warning signs and how to report these appropriately if needed.



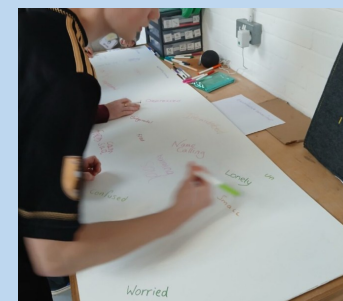
# ANTI-BULLYING WEEK

BY CC

Anti-Bullying Week is an annual event in the UK that takes place every November. The aim of the week is to help people understand what bullying is and how we can prevent it. Schools, colleges, and community groups take part by running activities, lessons, and discussions about kindness and respect.

Bullying can happen in many places, such as in school or college, online, or in the community. It can make people feel scared, sad, and alone. Anti-Bullying Week encourages everyone to speak up if they see bullying and to support anyone who may be having a difficult time. The theme of this years ant-bullying week was 'Power For Good', which means using our individual power to stand up against bullying.

College celebrated Anti-Bullying Week by participating in a poster competition, hosting an 'Odd Socks Day', contributing to a 'Tree of Change' and completing a 'Power Paint Board'. We completed the Power Paint Board by collectively adding negative words to it and then throwing paint at them, to demonstrate our power of eradicating the 'bullying'. By working together, we showed that we can create safer and happier environments for everyone. Anti-Bullying Week reminds us that even small actions—like being kind or including someone—can make a big difference.



## RIDDLE OF THE MONTH

BY LUCAS RENWICK



What has hands but can not hold anything?

Keep your eyes peeled for the answer in the next issue!

Answer to last months riddle: Your age!

## JOKE OF THE MONTH

BY LUCAS RENWICK



Q: Why did the frog take the bus to work?

A: Because his car got toad!

## THORNBECK HALL OF FAME



This month's Hall of Fame goes to Lucas Todd.  
Lucas participated in Movember and was sponsored, raising money for a great cause!

Well done Lucas, everybody is very proud of you.



# MOVEMBER

BY CC

Movember is a charity event that takes place every year in November. During this month, many people around the world grow a moustache to raise money and awareness for men's health. Movember focuses on important issues such as prostate cancer, testicular cancer, and men's mental health. The aim is to encourage men to talk about their health and to get support when they need it.

Movember is celebrated in many different ways. Some people take part by growing a moustache and asking friends or family to sponsor them. Others join special events to help raise money. At Thornbeck we celebrated Movember by taking part in a 'Walk for Movember.' Students and staff walked together to show support— some wore stick on moustaches and beards, others put glitter in their real moustached! Some people also received sponsors to grow a moustache throughout the month.

Movember is important because it helps save lives. It encourages people to notice early signs of illness and to talk openly about their feelings. By raising money and awareness, we can help more men get the care they need. Movember reminds us that looking after our health—and supporting others—is something we should all take seriously.



## INTER FAITH WEEK

BY ANNABEL HEAD

This month in tutorials we have learned about Inter Faith Week. Inter Faith Week is celebrated annually in November.

It is a time when people from different religions and beliefs learn about each other. The week is important because it helps build friendship, understanding, and respect between communities.

Many colleges, community groups, and faith organisations take part by holding simple events and activities. Inter Faith Week helps everyone feel welcome and included



**Inter Faith Week**  
12-19 November



## ANTI-BULLYING WEEK WORDSEARCH

BY DANIEL GREAVES

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | C | C | E | P | T | A | N | C | E | G | U | E | A |
| I | N | E | G | A | T | I | V | I | T | Y | N | M | S |
| E | N | I | N | C | L | U | S | I | O | N | D | P | U |
| M | U | C | O | U | R | A | G | E | D | X | E | A | P |
| P | K | I | N | D | N | E | S | S | M | Z | R | T | P |
| O | F | R | I | E | N | D | S | H | I | P | S | H | O |
| W | A | M | V | F | N | L | Y | P | C | Y | T | Y | R |
| E | U | E | W | H | A | E | J | C | R | C | A | U | T |
| R | Z | L | S | B | Z | I | L | O | Y | R | N | W | E |
| I | K | Z | V | L | G | G | R | U | R | C | D | S | B |
| N | S | T | A | N | D | U | P | N | X | R | I | T | T |
| G | O | B | A | T | L | Z | L | T | E | Q | N | O | G |
| E | R | E | S | P | E | C | T | E | V | S | G | P | E |
| U | M | M | R | J | T | Q | A | R | U | P | S | R | E |

|            |           |         |            |            |
|------------|-----------|---------|------------|------------|
| FRIENDSHIP | KINDNESS  | STANDUP | FAIRNESS   | EMPOWER    |
| RESPECT    | SUPPORT   | STOP    | EMPATHY    | COURAGE    |
| UNDERSTAND | INCLUSION | COUNTER | NEGATIVITY | ACCEPTANCE |