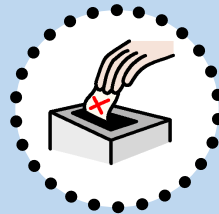


THE VOICE

of Thornbeck College

STUDENT POLL

100% of students asked agree that they are enjoying college.



Thornbeck College
North East Centre for Autism
Cedar Drive
Newton Aycliffe
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DL5 6UN

T: 01325 328088
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north east
autism society

EVENTS AT THORNBECK

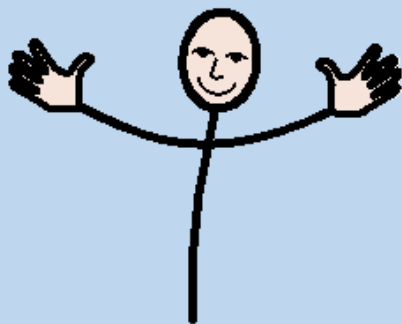
DATE	THEME
	September 2025 <i>Health and Safety Month</i>
	September 2025 <i>National Inclusion Week</i>
	October 2025 <i>Black History Month</i>
	October 2025 <i>Halloween</i>
	Half Term: 20.10.2025— 03.11.2025

NEWSLETTER INTRODUCTION

Hello and welcome to the first issue of our College Newsletter for academic year 2025-2026.

In our Newsletters, we will be telling you all about the things that we have got up to within the month. This month at college, we have learned about Health and Safety, Democracy and Inclusion. We have also welcomed some new learners to Thornbeck!

Continue reading to see what else we have been up to. We hope you enjoy reading the newsletter as much as we have enjoyed participating in the activities that have taken place.



SAFEGUARDING

BY DANIEL GREAVES

This month, our theme for Safeguarding has been 'Keeping Myself Safe'. This has included how to keep safe at college, at home and in the community.

As part of this, we have looked at who we can turn to for help to keep safe, such as staff, our key tutors and the Designated Safeguarding Leads. The Designated Safeguarding Leads at college are the leadership team: Fay, Lee and Nicola. It is important that we know who can help us and who we can turn to, to keep us safe.

In tutorials, we have worked on our learner passports and completed tasks surrounding this safeguarding topic.



BELLA THE THERAPY DOG

BY RUI GOMEZ

On Monday 15th September, we had a visit from Bella the Therapy Dog and her owner Laura.

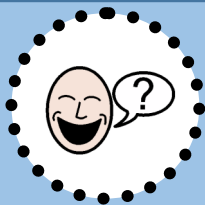
Bella is cute and fluffy labrador who comes to visit us, she volunteers for a charity called Pets as Therapy. We stroke her, play with her and cuddle her. Bella helps me to feel very calm and happy.

Each learner got to visit Bella in the Common Room and spend time with her. Thank you for bringing Bella to visit us Laura, we love having her visit college and hope you can both come back again soon!



RIDDLE OF THE MONTH

BY LUCAS RENWICK

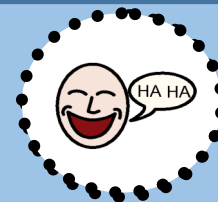


I am an odd number. Take away a letter and I become even. What am I?

Keep your eyes peeled for the answer in next months Newsletter!

JOKE OF THE MONTH

BY LUCAS RENWICK



Q: Why do golfers bring an extra pair of pants?

A: In case they get a hole in one!!

THORNBECK HALL OF FAME



This Month's Hall of Fame to all of the learners at Thornbeck College! You have all settled into college excellently following the summer holidays. We are looking forward to a great year!

Well done everyone!



NATIONAL INCLUSION WEEK

BY DANIEL GREAVES

National Inclusion Week is a week in the UK that celebrates inclusion, equality and diversity. It usually takes place at the end of September each year. During this week, people across schools, colleges and workplaces think about how to make their environments fair, welcoming and supportive for everyone.

National Inclusion Week is celebrated because it helps us understand why inclusion is important. It promotes mutual respect and inclusion, reminding us that everyone should feel valued and accepted. It also promotes inclusive practices and celebrates diversity, showing that our different backgrounds, abilities and identities make our community stronger.

At college, we explored the different ways we are already inclusive. We talked about how we support each other, how we treat everyone fairly and how we make sure all learners feel they belong. As part of this, we created an Inclusion Board - learners wrote down examples of how we promote inclusion at college, and then we stuck these ideas to the wall to create a positive display.

National Inclusion Week is a reminder that inclusion is important every day. By showing kindness, respect and understanding, we help make our college a welcoming place for all.



INTERNATIONAL DAY OF DEMOCRACY

BY CC

On 15 September, people around the world celebrate the International Day of Democracy. Democracy means that everyone has a voice and can make choices about things that matter.

At College, we celebrated this day by learning about the Learner Council. A Learner Council is made up of a group of students who help share ideas on ways that college can celebrate different events and how it can continue to develop.

To choose our Learner Council, we created posters to show who wanted to be elected. The posters helped everyone see who was standing and what they cared about, as well as why they think they would good members of the Learner Council. Following this, learners voted for the people they wanted on the Learner Council. Everyone had a chance to take part and make a choice. This showed real democracy—everyone's voice was important.

Celebrating the International Day of Democracy helped learners understand how voting works and why it matters.



HEALTH AND SAFETY WORDSEARCH

BY RUI GOMEZ

H	R	M	A	E	S	Y	T	E	E	T	R	S	I
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Y	M	N	A	E	I	F	I	H	L	H	E	P	M
S	S	N	F	D	G	A	A	M	N	C	S	Y	E
P	I	P	A	P	I	S	T	S	O	O	C	R	R
E	E	N	S	A	N	S	S	Y	H	M	N	Y	U
Y	O	E	Y	R	E	Y	R	N	E	M	S	R	I
F	E	T	E	I	P	Y	I	L	A	U	L	T	P
I	E	L	P	P	E	I	F	N	L	N	S	M	O
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E	L	T	E	M	E	M	E	G	H	T	S	I	I
Y	T	G	M	P	R	O	O	M	E	Y	N	O	C
I	E	M	E	R	G	E	N	C	Y	M	C	E	E

COMMUNITY	ONLINE	FIRST AID	EMERGENCY	POLICE
SAFETY	HEALTH	PPE	SIGNS	FIRE

HEALTH AND SAFETY MONTH

RUI GOMEZ

This month we have been learning lots about health and safety. We have been looking at this all around the college and how this is important in all of our different sessions . As part of this we have been looking at:

- Ergonomics in Business Admin
- Health and safety signs
- What the health and safety sign colours mean
- Fire exits
- Assembly points
- What to do in the event of a fire
- PPE to wear in different sessions and how this keeps us safe
- Manual handling
- How to perform equipment checks

It is important that we know about health and safety as this helps us to make sure that we are working in a safe way so that we do not get hurt.

