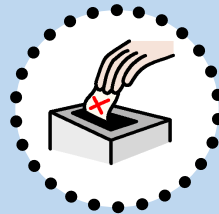


THE VOICE

of Thornbeck College

STUDENT POLL

100% of students asked agree that college has good IT.



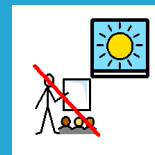
Thornbeck College
North East Centre for Autism
Cedar Drive
Newton Aycliffe
County Durham
DL5 6UN

T: 01325 328088
E: college@ne-as.org.uk
W: www.ne-as.org.uk

north east
autism society

EVENTS AT THORNBECK

	DATE	THEME
	April 2025	<i>Autism Acceptance</i>
	April 2025	<i>World Health Day</i>
	April 2025	<i>Easter</i>
	May 2025	<i>Mental Health Awareness Week</i>



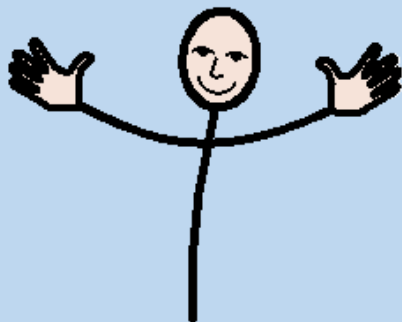
Half Term: 23.05.2025— 02.06.2025

NEWSLETTER INTRODUCTION

Hello and welcome to the Issue 5 of our college Newsletter.

This month at college, we participated in annual events including Autism Awareness Month and World Health Day

Continue reading to see what else we have been up to. We hope you enjoy reading the newsletter as much as we have enjoyed participating in the activities that have taken place.



SAFEGUARDING

BY DANIEL GREAVES

This month, during tutorials, our Safeguarding topic has been radicalisation and PREVENT. As part of this we have learned about what radicalisation and extremism means.

Extremism means having ideas and thoughts beyond what are expected and particularly involve violence.

Radicalisation is where a person begins to have the thoughts and values of an extremist and put themselves at risk of engaging in this behaviour.

We have also learned about how to challenge and report any extreme views and how we are able to safeguard ourselves, as this is very important.



AUTISM AWARENESS MONTH

BY CC

Autism Awareness Month takes place in April every year. It is a time to help people learn more about autism and how we can support those who have it. The goal is to spread kindness, understanding, and respect. This year's theme was 'Colour'.

Some people do not understand what autism is. This can lead to bullying, unfair treatment, or people feeling left out. Autism Awareness Month helps teach others that being different is okay, which is why celebrating the event is so important. Everyone should be treated with care and respect.

At college, we celebrated by exploring a range of sensory activities, creating a hand print board using our favourite colours and participating in a colour run! Thank you to the staff who organised this, it was great fun for all to enjoy!



RIDDLE OF THE MONTH

BY CAMERON GAMSBY



I speak without a mouth and hear without ears. I have no body, but I come alive with the wind.

What am I?

JOKE OF THE MONTH

BY CAMERON GAMSBY



What does a cloud wear under his raincoat?

Thunderwear

THORNBECK HALL OF FAME



This months hall of fame goes to Daniel Greaves. Daniel has worked really well in all of his lessons, as well as dealing with changes to the weather and dressing appropriately for this! Amazing work Daniel, well done!



WORLD HEALTH DAY

BY DANIEL GREAVES

World Health Day is celebrated every year in April. It is a special day to remind us how important health is for everyone. Health means feeling good in your body and mind. It means not being sick and having the energy to do the things you enjoy.

It is important to learn about World Health Day because it helps people learn how to stay healthy. It also reminds governments and communities to make health care better for everyone.

We can do a range of things to keep healthy including:

- Eat healthy foods like fruits and vegetables.
- Drink plenty of water.
- Exercise or move your body every day.
- Get enough sleep.
- Wash your hands to stop germs from spreading.
- Visit the doctor when you feel unwell.

College celebrated by participating in health and wellbeing activities and trying a range of healthy smoothies. Thanks to the staff who helped plan this!



EASTER

BY LUCAS

Easter is a special holiday. It is a time to celebrate new life and spring. We can see flowers growing and baby animals being born in spring. Some people decorate their homes with eggs, rabbits, and flowers to show the start of a new season.

Traditionally, Easter celebrates the sacrifices that Jesus made for his people, which is especially important for Christians.

People celebrate Easter in different ways. Many people go to church on Easter Sunday. They may sing songs, pray, and hear stories from the Bible. Some spend time with their families and enjoy a roast dinner. At Easter, people eat chocolate eggs and cakes.



AUTISM ACCEPTANCE WORDSEARCH

BY ADAM IDRISSE SBAI

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AUTISM	ACTIVITIES	TASTE	SENSORY	TOUCH	REGUALTE
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	ACCEPTANCE			MUSIC	