

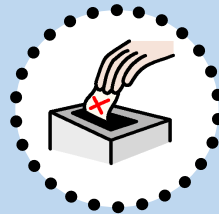
THE VOICE

of Thornbeck College

STUDENT POLL

BY CAMERON GAMSBY

100% of students agree that they receive the support they require from staff at college!
(11/11 students)



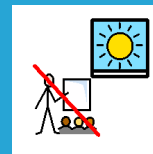
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north east
autism society

EVENTS AT THORNBECK

	DATE	THEME
	November 2024	<i>Anti-bullying Week</i>
	November 2024	<i>Road Safety Week</i>
	November 2024	<i>Movember</i>
	December 2024	<i>Countdown to Christmas</i>



Half Term: Monday 23rd December —
Monday 6th January 2025

NEWSLETTER INTRODUCTION

Hello and welcome to the November issue of our newsletter.

This month at college, we have welcomed celebrated events including Anti-bullying Week, Road Safety Week and Movember.

Continue reading to see what we have been up to. We hope you enjoy reading the newsletter as much as we have enjoyed participating in the activities that have taken place.



SAFEGUARDING

BY DANIEL GREAVES

This month, we have been learning about bullying and peer on peer abuse.

We have looked at identifying the signs that somebody may be attempting to bully ourselves or others and how to respond in these situations.

Bullying can happen in many different forms, such as online, face to face, over the phone and by text message. It is important that we are able to safeguard ourselves and others with regards to bullying.

It is important to tell a trusted adult if you feel you are unable to manage a situation yourself or are worried that you may be being bullied.



BELLA THE THERAPY DOG

BY DANIEL GREAVES

On the 21st of November 2024 a Therapy Dog visited Thornbeck College at 1:30pm. The Therapy Dog was a Fox Red Labrador called Bella. Bella came to college with her owner, Laura, and was wearing a snowman outfit ready for Christmas.

Bella and her owner visited learners in the Common Room. Learners from different sessions came to meet Bella. Learners played with Bella and stroked her. I stroked Bella, her fur was soft and she nuzzled me, this made me feel happy.

Therapy Dogs have many benefits for service users, they can provide support, improve mental health and provide attention and comfort. Therapy Dogs can have a calming effect, and this reduces stress levels, making people feel happy.



ROAD SAFETY WEEK

BY CAMERON GAMSBY

Road safety week is about raising awareness of road safety. This occurs from 17th—23rd November each year and was founded in 1997.

We celebrate Road Safety Week to increase awareness and importance of road safety. The message of the event is to raise awareness of key areas of road safety when driving and being a passenger. We can be a safe passenger by:

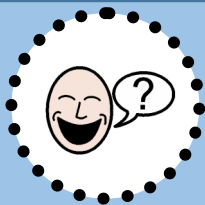
- Making sure you use seatbelt
- Being aware of other traffic
- Not distracting the driver and keeping the volume down in the car
- Not turning the interior light on at night

We celebrated this event at college by taking part in workshops and speed awareness activities facilities by the local PCSOs. We would like to take the time to thank them for supporting us with this!



RIDDLE OF THE MONTH

BY LEWIS STORY



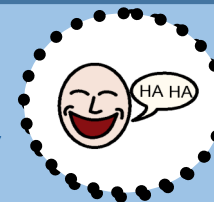
What has hands but can not clap?

Keep your eyes peeled for the answer in the next issue!

Last issues answer: Al-pha-bet!

JOKE OF THE MONTH

BY LEWIS STOREY



Q: Why did the strawberry cry?

A: Because he found himself in a jam!

THORNBECK HALL OF FAME



This month's hall of fame goes to Connor Black. Connor has done exceptionally well with his supported internship as well as completed the speaking and listening component of his Functional Skills English Qualification.

Well done Connor!



MOVEMBER

CAMERON GAMSBY

Movember is in November. The message of Movember is that men's health is in crisis. Around 10.8m men globally are facing life with a prostate cancer diagnosis. Across the world one man dies by suicide every minute of every day. The charity unites experts from around the world to collaborate on projects that will fundamentally change the way men in need are treated and supported.

Mo Bros and Mo Sisters celebrate Movember all over the world including in New Zealand and Canada.

Some of our college staff decided to grow a moustache throughout November to celebrate the event. Other staff and learners decided to wear stick of on moustaches and decorate them with hair chalk and glitter!

We also completed a "Walk for Movember", consisting of a 0.75km route around college, which we lapped as many times as possible. In total we walked 101km! Well done to everybody who took part in this event!



GUY FAWKES

BY CAMERON GAMSBY

At college we participated in Guy Fawkes night. Guy Fawkes night was celebrated on Tuesday November 5th 2024.

We celebrated it outside on the field at college. Learners and staff at college participated by watching fireworks and eating toffee apples.

We celebrate Guy Fawkes to remember the failure of the gunpowder plot. The Gunpowder plot happened in 1605; Guy Fawkes wanted to blow up parliament to kill King James the First.

He put barrels of gunpowder under the houses of parliament, however they found out because they were sent a letter telling them what really happened.

The celebrations started as a religious service on the 5th of November every year and over time it became an annual celebration with fireworks and bonfires.



REMEMBRANCE DAY WORDSEARCH

BY ADAM IDRISSE-SBAI

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PEACE ARMISTICE DAY NEVER FORGET WEAPONS
 LEST WE FORGET WEAPONS WREATH HERO PARADE
 REMEMBRANCE DAY RESPECT ALLIED NATIONS REMEMBER
 CROSS VETERAN ODE SOLDIER FREEDOM WAR