

My hospital personal passport

This passport is designed to help you communicate your needs to doctors, nurses and other healthcare professionals.

Note for healthcare professionals: please consult this passport before you carry out any assessments or observations with or about me.

Insert photo
here

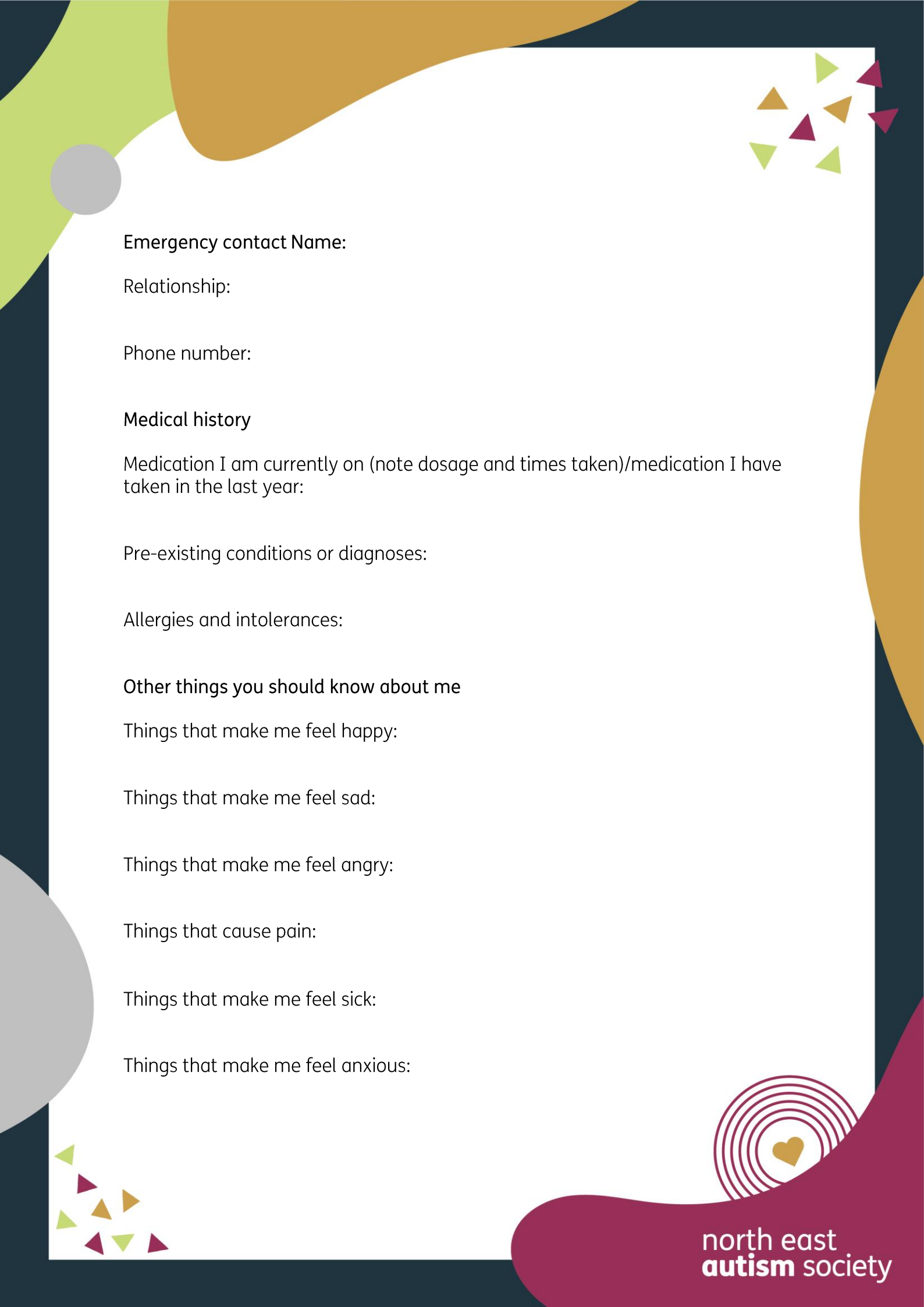
Personal information

Name:

I like to be known as:

Date of birth:

NHS number:



Emergency contact Name:

Relationship:

Phone number:

Medical history

Medication I am currently on (note dosage and times taken)/medication I have taken in the last year:

Pre-existing conditions or diagnoses:

Allergies and intolerances:

Other things you should know about me

Things that make me feel happy:

Things that make me feel sad:

Things that make me feel angry:

Things that cause pain:

Things that make me feel sick:

Things that make me feel anxious:





How I like to communicate: E.g., through Makaton

How I prefer people to communicate to me: E.g., written, verbally, using pictures,
processing time

When I feel like...It looks like this...

Happy:

Sad:

Angry:

In pain:

Sick:

Anxious:

My sensory needs:

My special interests:

Other important things about me:





About autism

Autism is the word used to describe a lifelong difference in a person's neurology. It's very difficult to say exactly what 'it' is because it can't be separated from the person. Edinburgh university describes it as: 'a way of being in the world; it's a way of processing the things that come into your body (sights and sounds and so on). It affects how you perceive and interact with people. There will also be differences in how you plan and manage activities and organising that information can translate into different behaviour.' In essence, an autistic person will see, process, and understand the world in a different way from someone who isn't autistic, for all of their life. Commonly cited research suggests 1.1% of the population will be autistic. In our experience, serving autistic people and their families for 40 years, and from new research trends and beliefs, we estimate this to be much higher.

