<u>Carer’s Allowance</u>

Carers’ Allowance is the main benefit for those caring for someone for at least 35 hours a week. To be eligible your earnings must be under £196 a week after tax and National Insurance. Carers’ allowance may also affect certain benefits you and the person you care for receive. Only one person can claim carers’ allowance for the same person and you do not get paid extra for caring for more than one person. Those in full time education or studying more than 21 hours a week cannot apply for carers’ allowance. The amount paid is £83.30 which can be paid weekly or every 4 weeks. This amount is reviewed every April. You can apply for carers’ allowance online or by post.

You do not have to live with the person you care for. Examples of a caring role may include:

- helping someone with washing and cleaning
- cooking for them
- managing and / or offering support to pay bills

The person you are caring for must be in receipt of one of the following benefits for you to be classed as their carer:

- The *daily living component* of Personal Independence Payment
- Disability Living Allowance - the middle or highest care rate
- Attendance Allowance
- Constant Attendance Allowance at or above the normal maximum rate with an Industrial Injuries Disablement Benefit
- Constant Attendance Allowance at the full day rate with a War Disablement Pension
- Armed Forces Independence Payment

When in receipt of this allowance you may also be entitled to:

- Support from your local authority
- A council tax reduction
- Universal Credit
- Pension Credit
- Grants and bursaries
- Income Support
- Income-based Employment and Support Allowance

If you are not eligible for carers’ allowance you may be entitled to carers’ credit which is if you are caring for someone for at least 20 hours a week. Your income, savings and investments do not affect your eligibility for Carers’ Credit.

Information correct at time of writing June 2025

north east
autism society