Kindness potion

Resources:

Baking soda Food colouring Glitter Washing up liquid Vinegar Glass jar Tray Kind words



Method:

Step 1) Fill your glass jar halfway with vinegar, add a few drops of food colouring and some glitter. Then squeeze in some washing up liquid and stir. When stirring say some kind words to make the potion magic. Place the jar ontop of your tray.

Step 2) Add a heaped teaspoon of baking soda and stir again.

Now watch the foaming begin!

Step 3) To keep the foam going continue adding baking soda and vinegar

north east autism society